

# 10-DAY DECLUTTERING CHALLENGE

*Kick start your journey to a simplified & curated home*

## 01 'Donate' box

Set up a permanent donation box so you can easily and quickly place items you no longer need. Go through your house and start filling the box. As it gets full over time, take it to your local Salvation army, Goodwill or other charities.

## 02 Coffee table

Clear 75% of your coffee table to instantly give the illusion the room is clutter-free.

## 03 Books

Donate a minimum of 5 books. Gather the others that are laying around the house and neatly rearrange your bookshelf.

## 04 Floors

Go around the house with a hamper and pick up anything that is on the floor that doesn't belong there (leave only rugs and furniture). Then, put away what you found back in its right place.

## 05 Fridge & pantry

Take everything out, wipe surfaces and replace your items. As you go, toss anything that is past its use-by-date and donate unopened packages your family will not use. If the exterior of your fridge is covered with magnets with photos, bills, lists, etc. make sure to sort these out too.

## 06 Toiletries & medicine

Safely dispose of anything expired or that you no longer use, need or like. Discard dirty-looking bandages, creams that changed color or smell, or unmarked containers. If you don't have one spot for all your medicine, create one now.

## 07 Shoes & socks

Sort through your shoes and donate what you no longer wear. Toss single socks and those that are ripped beyond repair.

## 08 Countertop

Clear off a counter of all its clutter, whether it is in the kitchen, the bathroom, or the laundry room. Wipe the surface clean.

## 09 Toys

Donate 5 toys your kid no longer play with and get rid of those that are broken - Involve them in the process!  
No kids at home? Donate 5 more books.

## 10 Cords and cables

Detangle the maze that usually comes with chargers, laptop wires, lamps and TV cords. Use cable boxes, channels, velcro bands or even decorative washi tape to keep things sleek, tidy and under control.